

Trails

Plumas National Forest

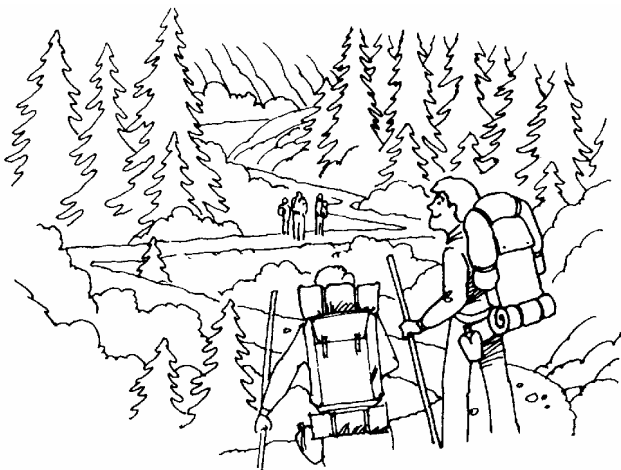


Welcome to one of the most beautiful National Forests. The Plumas National Forest is uniquely located on the boundary between the rugged Sierra Nevada and the fringes of the Cascade Range. The Forest's diverse 1.2 million acres provide a magnificent backdrop for a quality hiking experience.

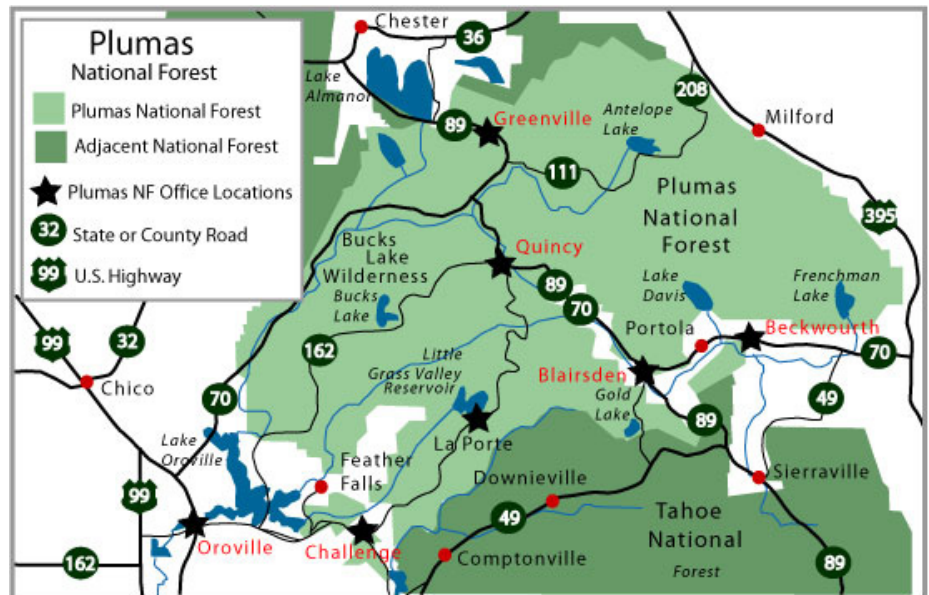
Hiking Information

The Plumas National Forest offers close to 300 miles of trails suited for every taste and ability. Whether looking for a leisurely stroll or a strenuous hike, what better way to enjoy the forest than first-hand. Hiking on the many trails offers an opportunity to experience beautiful scenery and catch a glimpse of wildlife that might otherwise be missed.

The attached sheets offer detailed information of each trail. Included will be trail length, level of difficulty, and approximate hiking time.



Pack It In! Pack It Out!



Pacific Crest Trail (PCT)

The Pacific Crest Trail spans 2,650 miles from Mexico to Canada. About 75 miles extend across the Plumas National Forest, crossing two major canyons, the Middle Fork and North Fork of the Feather River. Elevations range from 2,400 to 7,000 feet. Due to snow at the higher elevations, it is usually mid-June before it is feasible to hike in this area. Whether deciding to hike a short distance of the trail or tackle the entire 2,650 miles, be ready to experience some of the most breath-taking scenery in the United States.

Leave No Trace

Practicing a "Leave No Trace" ethic is very simple; make it hard for others to see or hear you and "Leave No Trace" of your visit.

Be a responsible outdoor recreationist

Appreciate and respect public recreation areas



United States
Department of
Agriculture



Forest Service
Pacific Southwest Region
Plumas National Forest
www.fs.fed.us/r5/plumas

Plumas National Forest
P.O. Box 11500, Quincy, CA 95971
Phone: (530) 283-2050
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Use Common Sense

- ✓ Carry a first-aid kit and have a working knowledge of the use of the components in the kit.
- ✓ Before departing gather as much information about the area as possible.
- ✓ Leave a detailed travel plan with a responsible person.
- ✓ Always carry a map. The most widely used maps for hiking are the forest map and topographical maps.
- ✓ It is never wise to hike alone.
- ✓ Choose a hike within the capabilities of your group.
- ✓ If you think you are lost, stop traveling at once, stay calm, and decide upon a course of action.
- ✓ A series of three signals, such as whistles, shouts, or light flashes is universally recognized as a distress signal.

Campfire Permits

Campfire permits are required for fires built outside of developed campgrounds from May 1 through the end of fire season. Campfire permits may be obtained from the CA Dept. of Forestry (CalFire), Bureau of Land Management, and the U.S. Forest Service.



PLEASE...Be Careful With Fire

Watch Out For These Critters, Conditions, & Situations

Ticks are common throughout wooded, brushy, and grassy areas. For protection, wear clothing with a snug fit around waist, wrist, and ankles. Layers of clothing may help keep ticks from your body. Use a strong insect repellent.

Rattlesnakes are common below 6,000 feet elevation. While hiking watch placement of hands and feet, especially when stepping over logs or climbing in rocky areas. Carry a snake bite kit and know how to use it.

Poison Oak is a common plant in this area. It has a triple leaf pattern with prominent veins and a shiny surface. Learn to recognize it and avoid contacting it. "Leaves of three let them be."

Hypothermia is the abnormal lowering of the body's internal temperature. This condition is caused by exposure to cold and aggravated by wet, wind, and exhaustion. Before hiking become familiar with the causes, symptoms, and treatment of hypothermia.

Weather in the mountains can be very unpredictable. Thunderstorms are common throughout the summer months. Don't be caught on mountain tops, under large solitary trees, or near open water during a lightning storm.

Water quality testing is not performed on open water sources such as lakes, streams, or springs. For untreated water sources, boil or treat before using.

For more information, call one of the Forest Service Offices:

Beckwourth RD (530) 836-2575
Mt. Hough RD (530) 283-0555
Greenville Work Center (530) 284-7126
Feather River RD (530) 534-6500
Challenge Visitor Center (530) 675-1146
Supervisor's Office (530) 283-2050

PLEASE OBSERVE ALL RECREATION AND CAMPING RULES, AND REMEMBER, ALL STATE AND COUNTY ORDINANCES APPLY TO NATIONAL FOREST

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